

**> 15** Give us a click

**> 16** Dirty talk

**> 18** Black History Month

# thenewhammag

issue 205 // 1-15 October 2010



## On the Waterfront

Fireworks top off a great day out (p9)





# Free garden waste collection

Just place your flowers, weeds, grass cuttings and small branches in normal black refuse sacks, then call us on **020 8430 2000** or visit **[newham.gov.uk](http://newham.gov.uk)** to book a collection.



**Play your part for  
a Cleaner, Greener  
Newham.**

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1 October 2010 // **issue 205**



If you missed the great Waterfront Festival or were too slow to catch The Tour of Britain cyclists, get a taste of all the action in our Newham in Pictures special (p9). Autumn is a time for harvest and Alison Skeat is still looking for aspiring gardeners to join her Dirty Hands project (p16). October marks Black History Month and we look back at the contributions of our earliest black and Asian communities (p18); and if you want to help make history, volunteer as a Games Maker (p20).

*Cllr Neil Wilson*

*Executive member for equalities and social inclusion*

**Don't forget** – If you live in East Ham, Royal Docks, Forest Gate or Custom House and Canning Town community forum areas, look inside for local news and events in In Focus.

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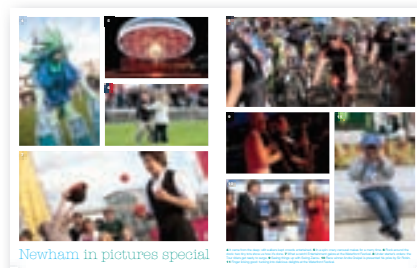
**Don't forget to recycle your Newham Mag once you've read it**

**For all Newham Council services call 020 8430 2000 or visit [www.newham.gov.uk](http://www.newham.gov.uk)**

If you do not receive The Newham Mag at home, or know someone who doesn't, please call 020 3373 1517, write to The Newham Mag, West Wing, 4th Floor Building 1000, Dockside Road, London E16 2QU or email [newham.mag@newham.gov.uk](mailto:newham.mag@newham.gov.uk)

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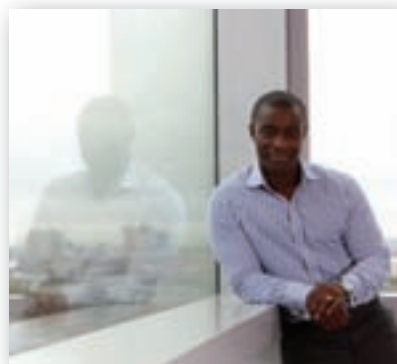
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To request a large print version of the Newham Mag call 020 3373 1517 or email [newham.mag@newham.gov.uk](mailto:newham.mag@newham.gov.uk)



## IN BRIEF //

### New system for school admissions

Parents of Newham children starting school for the first time in September 2011 will be the first to use a new 'one-stop' London-wide system to apply for a primary school place.

The Pan-London Admissions Scheme is being rolled out to primary schools.

Parents will complete a single application form even if they are applying to primary schools in more than one borough. They will list up to six schools and return the form to the council where they live.

Applications open this month for entry in September 2011 and the deadline for completed forms is 15 January 2011. Parents may apply online or use a paper form.

If you want to find out about schools places in Newham visit [www.newham.gov.uk](http://www.newham.gov.uk) or [www.eadmissions.org.uk](http://www.eadmissions.org.uk)

### Have a say on homes plan

Tenants and leaseholders of Newham Homes are being asked to comment on proposals for the housing service at the end of the Decent Homes programme.

Newham Homes was set up in 2005 to manage the Decent Homes programme, a national scheme to improve properties. The company will continue to operate on the council's behalf until the contract ends in March 2011.

During October there will be an independent survey of tenants and leaseholders and drop in sessions to gather a range of views. A letter on the proposals for the future of the housing service has been sent to all tenants and leaseholders.

For more information email [housingclient@newham.gov.uk](mailto:housingclient@newham.gov.uk) or call 020 3373 2995.



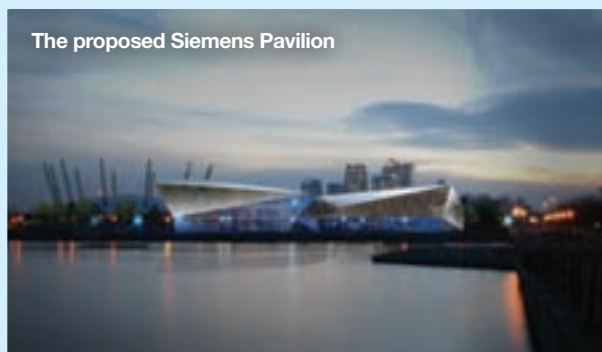
### Green light for visitor attraction

Newham's Strategic Development Committee has granted planning permission for a new landmark exhibition and conference centre and visitor attraction at Royal Victoria Dock.

The Siemens Pavilion will be at the heart of a new Green Enterprise District designed to meet the needs of organisations providing low carbon goods and services.

It could attract around 100,000 visitors a year. School groups will use the facility for free educational trips and there are plans for outdoor interactive exhibits, a café and shops.

Mayor Sir Robin Wales said: "It will position Newham as a leader of the low carbon economy and help attract other high profile companies into the Royal Docks, which has obvious implications for increased employment and training opportunities."



The proposed Siemens Pavilion

### New plans for Stratford LSC

The Local Service Centre (LSC) in The Grove, Stratford, will be closed from 6 October for refurbishment as part of Newham Council's commitment to providing better facilities for residents. The LSC is expected to fully reopen on Monday 8 November.

The work will make the centre brighter, more up-to-date and more accessible for all. Councillor Andrew Baikie, executive member for housing and customer service, said: "We want to make sure visitors to our LSCs and libraries have the most comfortable, friendly and convenient surroundings we can provide."

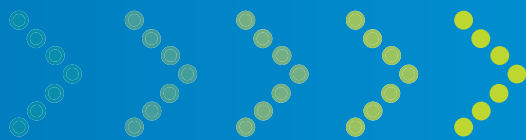
While the Stratford office is closed people can use one of the other LSCs. For full details and information on all council services, you can visit [www.newham.gov.uk](http://www.newham.gov.uk) or call 020 8430 2000.

The easiest, fastest and safest way for residents to pay for most council services and charges is online at [www.newham.gov.uk](http://www.newham.gov.uk), while rent payments can be made by visiting [www.newhamhomes.com](http://www.newhamhomes.com)

Turn to page 15 for more information about all the council services available online.







# News

## Green Flag park



Cllr Crawford and colleagues unfurl the flag

A prestigious Green Flag has been unveiled in Stratford Park to recognise the service it provides to the community.

The flag has been awarded by the Civic Trust and means that the park is a safe, healthy and secure environment, is clean and welcoming and is well-used by all sections of the community.

The flag was unfurled by Stratford community lead councillor Richard Crawford, councillor colleagues John Gray and Charlene McLean, members of the youth council and park users.

Councillor Crawford said: "We're delighted our park has been recognised once again and we hope many people will continue to make excellent use of it."

## Plea over 2012 marathon route

Newham Council is to ask for the 2012 London Games marathon to finish inside the Olympic Stadium in Stratford after it was revealed organisers are considering starting and finishing the event at The Mall.



The Olympic Stadium in Stratford

Traditionally the blue-riband race has finished at the Games' main stadium. However, the London Organising Committee of the Olympic and Paralympic Games (LOCOG) are believed to favour using the iconic landmarks of central London as its centrepiece.

Councillor Paul Brickell, executive member for the Olympics, said: "We are disappointed organisers are considering moving the race from the stadium in Stratford. We'll be making our views known to LOCOG."

"This is a golden opportunity for residents to be part of the greatest show on earth for free, on their doorsteps. These are the same residents who have consistently supported the Games and who have put up with the disruption caused by the construction. It would be unfortunate for them to be denied."

## No butts from Young Mayor

Newham's Young Mayor and Deputy Young Mayor have helped to create a range of online films to teach young people about the dangers of smoking.

Kaycee de Belen and Aadilah Ismail helped develop the idea alongside Hearty Lives Newham, a joint programme between the council, Newham NHS and the British Heart Foundation.

Three films were written and performed by Newham-based company Theatre Venture and filmed in Stratford. They explore smoking laws, the decision of whether or not to smoke and how smoking habits can be passed on from generation to generation.

The films feature interviews with 12 young people aged between 13 and 24 and will appear on the British Heart Foundation's young people's website [www.yheart.net](http://www.yheart.net) later this year.

Kaycee said: "These films explore the reasons that can influence smokers and try to get young people to think about the negative effects."



# Help us to tackle the cuts

We all face a great challenge ahead in coping with cuts of an estimated 25 per cent to our budget over the next four years. In Newham, we will try to ensure that the savings we have to make are based as far as possible on fairness. I hope fairness will also guide our national Government when it decides where the cuts should fall next month.

Newham doesn't currently receive the correct amount of funding from the Government – because our population is not counted accurately. We live in an area with lots of people who speak different languages, have a large student population and high levels of migration. All of this adds up to making us an area where it's difficult to count the numbers of people who live here.

“One thing that residents can do to help is to make sure they fill out their Census forms next year”

The amount of money we get from Government directly affects the services that get provided locally. Less money means fewer social workers, teachers, and police officers.

I think given the cuts that are about to happen, it's only fair that we get funded for everyone who lives here. So

last month I wrote to Eric Pickles, the Secretary of State for Communities, with a group of other local authority leaders from around the country, asking him to look again at the way we are funded.

One thing that residents can do to help is to make sure they fill out their Census forms next year. The Census

happens every ten years and helps the Government to estimate how many people live in an area and how much funding to give to different services. It's a big form, but it will make a real difference to Newham at a time when budgets are tight, and it will help us to fulfil our promise to be on the side of residents in difficult times.



## Mayor's view



# Success in store for regeneration project

I was delighted to be able to announce a major boost for Canning Town and Custom House with the news that supermarket chain Morrisons are to be the key retail partner in the £600m regeneration scheme of the town centre area.

We have ambitious plans for this part of the borough to create new opportunities for people. They include vibrant town centres, quality housing, community facilities and green spaces, and job opportunities.

I made the announcement with Communities Minister Bob Neill on a community allotment that is based temporarily on the site of the development. It has given people the chance to create a green space in what would have been a vacant site. I hope it is used and enjoyed.



With Mr Neill, centre, and other VIPs on the allotment

## A wheely fine event indeed

I was impressed by the world-class cyclists who rode into the borough for the final stage of The Tour of Britain.

As the main host borough for the 2012 Games, we will soon be welcoming sporting stars from all over the world. We need to use these sporting events to inspire us all to lead more active and healthier lives.

It was also good to see many of you supporting the Prostate Cancer charity's tour ride which I launched with EastEnders' star Rudolph Walker and TV handyman Tommy Walsh. Well done to our Young Mayor Kaycee de Belen who took part with girls from East Ham's Plashet School.

And well done also to the schoolchildren that took part in our free summer cycling skills programme and acted as mascots on race day. They helped to start the professionals' ride alongside the Ascension Eagles cheerleaders.



1. Tour of Britain day with celebrities. 2. Ascension Eagles cheerleaders. 3. Plashet School pupils and Kaycee. 4. Race mascots outside Newham Dockside

# with Sir Robin Wales

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London Warm Zone is a not-for-profit organisation working in partnership with Newham Council to help homeowners and tenants renting from a private landlord with home insulation improvements.

**FREE loft and cavity wall insulation if you:**

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All insulation work and costs are subject to survey, funding and eligibility criteria. All work is carried out to industry standards and approved contractors are monitored for quality and customer care.

**We make it easy for you with a free home assessment to check if your home's insulation could be improved. Call us now so your home is ready for this winter.**

\* Estimated saving of £265 a year is for a three bed semi-detached, gas heated property with full loft and cavity wall insulation installed.



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## NEWHAM CELEBRATES

**WORLD MENTAL HEALTH DAY 2010**  
**FREE PUBLIC EVENT**



**ALL WELCOME**

LOVE HOPE  
Depressed Sad GIVE Lost PEACE  
BE ACTIVE Anger Anxious

**LIVE ENTERTAINMENT PERFORMANCES WORKSHOPS ADVICE INFORMATION LIVE MUSIC ALTERNATIVE THERAPY POETRY, DANCE...**

**WHERE - EAST THAMES**  
**29 - 35 WEST HAM LANE**  
**STRATFORD, LONDON,**  
**E15 4PH**  
**TIME - 11-3PM**

**SATURDAY 9 OCTOBER**



## London Borough of Newham **Audit of accounts** For year ended 31 March 2010

Pursuant to section 24 of the Local Government Finance Act 1982 and regulation 18 (1) of the Accounts and Audit Regulations 2003, I confirm that the audit of accounts for the year ended 31st March 2010 has been concluded.

A copy of the Statement of Accounts and the auditor's report for that year is available on the Newham Council's website at [www.newham.gov.uk](http://www.newham.gov.uk) where you will find a link to the Statement of Accounts 2009/10 ([www.newham.gov.uk/yourcouncil/financialmanagementaccountancyandpensions/statementofaccounts.htm](http://www.newham.gov.uk/yourcouncil/financialmanagementaccountancyandpensions/statementofaccounts.htm))

If you would like to give any feedback on the Statement of Accounts, please send them to the Chief Accountant, Financial Services, 2nd Floor Westside, Newham Dockside, 1000 Dockside Road, E16 2QU (020 3373 0694) or email [chief.accountant@newham.gov.uk](mailto:chief.accountant@newham.gov.uk)

**R. Heaton**  
**Executive Director of Resources**  
**31st August 2010**





## Riding high at the Waterfront

Almost 100 world-class cyclists rolled into Newham recently for the final stage of the prestigious Tour of Britain cycle ride, with 17,000 people whetting their appetite at the Newham London Waterfront Festival.

The pros zipped round a 12km circuit at speeds of up to 50mph. But before they took their marks, residents had a chance to cycle the circuit as part of The Prostate Cancer Charity Tour Ride.

The 12km circuit formed the final stage of the Tour, Stage Eight, and was won by Andre Greipel of Team HTC Columbia, in 1 hour 57 mins 07 secs.

The Waterfront Festival held at Royal Victoria Dock by ExCeL combined the finest foods with great live music.

Food lovers feasted on fresh salmon from nearby Billingsgate Market, as well as cheeses from the South West, sizzling sausages from the Lake District and crusty baked bread and pastries from Borough Market.

There was also traditional East End pie and mash, delicious ice cream and some of the best vegetarian food in London.

A dazzling fireworks display over the water and the Royal Victoria Dock footbridge brought the festival to an explosive conclusion.

Mayor Sir Robin Wales said: "The event was a huge success and it was great to see so many stars from the world of cycling rolling into the borough."

If you missed the Waterfront fireworks, mark Friday 5 November in your diary for our Guy Fawkes Night display at Wanstead Flats.



- 1** On your marks, get set, go! Sir Robin starts The Tour of Britain race.
- 2** Pint-sized pirates down at the docks.
- 3** A new angle on entertainment – angle grinding by a bright spark.

# Newham in pictures special





Newham in pictures special





**4** It came from the deep: stilt walkers keep crowds entertained. **5** In a spin: crazy carousel makes for a merry time. **6** Rock around the dock: two tiny tots show us how it's done. **7** What a catch! Entertainment galore at the Waterfront Festival. **8** Under starter's orders: the Tour riders get ready to surge. **9** Saxing things up with Swing Zazou. **10** Race winner Andre Greipel is presented his prize by Sir Robin. **11** Finger licking good: tucking into delicious delights at the Waterfront Festival.



# Take a closer look at your council



**Thousands of you came out to vote in the last election which shows you care about who represents you. Politicians and the council decide what's best for the borough but what if you don't agree with their choices? Newham's Scrutiny Commission is there to take a closer look at key decisions to see if they're right and can recommend changes to improve things for residents.**

There are four Scrutiny Commissions in Newham which are made up of non-executive councillors and six independent members. Much of the commissions' workload comes from residents, who contact their local councillor with comments, concerns or suggestions. If the councillor cannot resolve the query they may refer the issue to the commission.

## **Scrutiny in action**

At the last Census count there were more than 20,000 adult and child carers in Newham. How effectively these carers were supported was reviewed by the Carers' Commission in 2009. Councillor Freda Bourne, scrutiny member, said one of the main problems the group encountered was that: "so many people don't consider themselves carers, they don't realise the help, support and benefits that are available to them."

The commission recommended that a directory of services be made available for carers and that this information be given to anyone likely to come into contact with

carers. Mayor Sir Robin Wales agreed the recommendation and responded by referring the task to the Carers' Strategy Group to carry out and work is currently under way. Cllr Borne said: "Scrutiny, although effective, doesn't provide a quick fix to problems but is the beginning of an ongoing process to improve services."

## **Under scrutiny: some key facts**

- > **Scrutiny doesn't just hold elected representatives and the council to account. The commission can also take a closer look at any agency whose activities affect local people; this includes the police and all NHS service providers in Newham.**
- > **Anyone can refer a concern to the commission. This can be done via your local councillor who will listen to your concerns and refer them on, if necessary.**
- > **All scrutiny meetings are open to the public; visit [www.newham.gov.uk/scrutiny](http://www.newham.gov.uk/scrutiny) for details or call 020 8430 2000.**





is this  
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ideas to [newham.mag  
@newham.gov.uk](mailto:newham.mag@newham.gov.uk)

# YOUR SPACE

where young people take control

## EASY RIDER

**Adam Murray, ten, talks about his role as an Imp.**

"This summer I joined 36 other young people aged between five and 16 and went to Scotland as part of The Imps Motorcycle Display Team, where we performed in several shows including The Royal Edinburgh Military Tattoo Show.

"I joined The Imps in January 2008 when I was eight after I saw them practising at their base in Jenkins Lane, E6. I love bikes and wanted to join straight away. After repeatedly pestering my mum and dad they eventually took me to meet Roy Pratt MBE who runs The Imps.

"To be an Imp I have to train most weekends and have a good school attendance record, keep out of trouble with the police and be respectful. If you don't follow these rules you risk losing your place as an Imp.

**"I've performed in the U.S.A, Belgium, Netherlands, Norway and all over the UK; I find it rewarding to hear the crowds clapping and cheering us"**

"I've performed in the U.S.A, Belgium, the Netherlands, Norway (in front of HM The King) and all over the UK; I find it rewarding to hear the crowds clapping and cheering us.

"This year was very special as it marked 40 years of The Imps and the 60th Anniversary of The Royal Military Tattoo. We were really surprised to each be awarded a Commemorative Military Medal to mark the occasion. I was delighted when I got mine and my mum cried as she was so proud of me. BBC1 covered the highlights of the show which was watched by Princess Anne; local newspapers and worldwide press also wrote articles about us.

"I eventually hope to go on to be team captain and do the fire and car jumps. I'd love to one day perform at a prestigious show in Newham."



Adam (I) performs  
a stunt with Joe Dennis, 5

For more information on becoming an  
Imp go to [www.theimpsonline.com](http://www.theimpsonline.com)





# Save money and time – **go online**

**Providing great services to all Newham residents and businesses is number one on the council's priority list. There are many reasons why you might need to contact the council but did you know the best way to do this is online?**

Our website [www.newham.gov.uk/DoltOnline](http://www.newham.gov.uk/DoltOnline) is already the first port of call for many of our residents. There are loads of things you can do on the site including:

## **pay it –**

do it the simple way on: Council Tax, commercial rents, housing rent, business rates

## **apply for it –**

get the things you need from a replacement wheelie bin and bulky waste collection to fostering and adoption and small business rate information

## **report it –**

tell us about environmental issues

such as anti-social behaviour, dog fouling, abandoned vehicles, missed bin collections and fly tipping. If you've got a problem down your street, tell us about traffic signs, potholes, pavement issues and vandalism. And if you've got a concern about buildings including dangerous structures and planning complaints, or you have an issue with your landlord, fill in a form online and we'll get back to you.

Doing all these things via our website is simple. Log on at home or visit any of the ten libraries in Newham to log on for free. Doing things online rather than by phone or in person is often quicker and more convenient. You don't have to spend time queuing to speak to an officer and

you don't have to pay the 'phone bill for calling the council.

Plus, if you want to pay your Council Tax bill at 12midnight while in your pyjamas you can – online services are 24/7.

The forms are easy to use and have dedicated fields for all the information you need to provide to process your issue or payment. In some instances, such as reporting fly tipping, you can also choose to remain anonymous.

**To find out more about all the things you can do online visit [www.newham.gov.uk/DoltOnline](http://www.newham.gov.uk/DoltOnline) and get e-active today.**

# Dishing the dirt

**A concrete courtyard, tucked away beside Plaistow Station, has been transformed into an urban oasis by one passionate resident, who's trying to instil the growing bug in everyone she meets. Alison Skeat digs deep to tell us about her Dirty Hands Project.**

Alison wanted to grow organic fruit and veg for herself and her daughter, but had no growing skills to draw upon. With an allotment waiting list in the high hundreds, she decided to take matters into her own hands.

What she found was a piece of council land that had lain disused for more than 20 years which has now been transformed into a community garden sprouting – from builders bags – all kinds of organic fruit and veg.

## **Were you always a keen gardener?**

Not really! My parents grew fruit and veg in their garden so I was familiar with it. As a kid you're not really interested in gardening but

it's something that stays with you as you get older. I've picked up a lot of it as I've gone along. At first, I thought I'd do a course, but the food growers I'd met said, if I did that, it'd be a while before the project got off the ground. They told me to start putting stuff in the soil and see what happens.

## **How do you encourage people to get involved?**

When the project started I made up a leaflet and knocked on doors, asking people if it was their kind of thing. If they seemed interested I'd leave them a leaflet, and made it clear you didn't have to have

any growing experience. This worked better than just dropping something into a letterbox and hoping people would turn up.

I've had such positive feedback. People can grow whatever they want, and their pay is the vegetables. I've deliberately set it up so everybody helps to grow everything on the site; if you have your own bags people can sometimes isolate themselves. We've got around 130 bags at the moment, plus nine raised beds.

## **How have you funded the project?**

I've had help from the council, Newham New Deal for Communities and the





Newham Food Access Partnership at East Potential, who I now work for as a sessional community gardener. Also, I'm extremely good at blagging! There are so many things that you don't need to pay for. The bigger the company, the more they chuck out. We were given some massive water containers by the Guardian Print Centre – if I bought them I'd be looking at £400 each, but a couple of 'phone calls and they were mine.

#### **What's the best thing about the project?**

I started by wanting to grow food for myself and my daughter, but so many other things have come out of this.

Neighbours coming out of their houses and talking to each other; kids getting fresh air and exercise; and how good this is for things like depression and mental illness. When I first started I didn't have a clue, now I can't see me doing anything else for the rest of my life.

#### **What's next for Dirty Hands?**

My vision is for every estate in the country to have a Dirty Hands Project and people are beginning to take note of what I'm saying. I've spoken in front of the Mayor of London about food growing, have promoted the Dirty Hands Project in the media – including on

BBC1's London news – and I was recently mentioned as one of 50 Green Heroes on the Guardian's website.

This isn't the end but just the beginning for this project; it's the best thing I've ever done.

#### **Go on, get your hands dirty**

For more information about the Dirty Hands Project visit [www.dirtyhands.org.uk](http://www.dirtyhands.org.uk), email [dirtyhandsproject@gmail.com](mailto:dirtyhandsproject@gmail.com) or call **07961 674 210** if you would like to volunteer.



# Newham's global community

**Because one of Newham's greatest strengths is our ethnic diversity, we use Black History Month (BHM) to celebrate all the people who make up our richly varied and vibrant community.**

Eighty-six per cent of residents feel that Newham is a place where people from different backgrounds get on well together, and this is no accident. To ensure that everyone feels a part of the borough, we build common ground based upon shared values, tolerance and respect for each other. Events and activities are a great way of getting people together, and thousands

of you bear testament to their popularity every year by attending things like the Mayor's Newham Show and Under the Stars.

To mark BHM we look back on how our diversity makes Newham great – particularly the fact that anyone can achieve here, no matter what their background.

**Trading places:** black and Asian soldiers who served in the First World War came to Britain and set up home around the docks. As a result, in 1926, The Coloured Men's Institute was set up in Canning Town to support black and Asian people facing discrimination.

**Commonwealth invitation:** the British labour shortage of the 1960s saw the Government invite people from the Commonwealth to come and work in the UK. The gasworks in Beckton was one of the borough's major employers and men like the gent, pictured right, would have played a big part in filling the labour gap.

**Some front:** the National Front tried its best to create a divide in the community in the 1970s with their attempted racist attacks, following the settlement of several hundreds of expelled East Africans forced to leave Uganda. Locals came together to make a stand against the people who threatened the harmony that existed.

**Newham today:** The close-knit community we are all part of is what makes Newham the place where we all choose to put down our roots. It's a place where people like Bobby Kensah can arrive aged 12 with English as his second language and go on to win awards for his pro bono law work. In his own words: "In life you will no doubt face obstacles and challenges...but you have to believe in yourself and that all things are possible."



Bobby Kensah



A gathering at the Coloured Men's Institute



Outside Beckton Gasworks

## Go back in time

A free exhibition of black and Asian history is being held at all Newham libraries from Monday 4 October until Sunday 31 October.

To commemorate BHM, an online resource pack about the history of black and Asian people in Newham is available on line; visit [www.newham.gov.uk/blackhistorymonth](http://www.newham.gov.uk/blackhistorymonth) for details.





# Need help with money matters?

**Book a FREE appointment at a Moneymadeclear session run by the Consumer Financial Education Body.**

Moneymadeclear sessions offer one-to-one, impartial information to help you make the most of your money. The Money Guides can talk with you about anything from budgeting to borrowing, savings to getting a mortgage.

Meet a Money Guide at one of two Local Service Centres:

- Tuesday mornings  
**East Ham Local Service Centre**
- Thursday mornings  
**Manor Park Local Service Centre**

To make an appointment visit any Local Service Centre or call **020 8430 2000** and ask for a Moneymadeclear appointment.

For further information visit **[www.newham.gov.uk](http://www.newham.gov.uk)**



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No selling. No jargon.  
Just the facts.

The London Organising Committee of the Olympic Games and Paralympic Games (LOCOG) is looking for up to 70,000 Games Makers to volunteer come Games time in 2012. They are looking for individuals who show the same qualities as the athletes – dedication, focus, responsibility and pride in their endeavours.

You'll need to be a team player and while being a Games Maker will be challenging, the rewards will last a lifetime. You will work alongside new colleagues, develop new friendships and gain new skills while helping to make history.

Remember, even if you've already registered with LOCOG you will still need to apply online.

### Find out more

.....  
If you're already a Newham Volunteer, free information, advice and guidance on becoming a Games Maker and filling in the application form is available at a series of information sessions. **The following sessions will be held from Monday 27 September for five weeks:**

- > Old Town Hall, 29 Broadway, E15.  
Monday to Friday, 9am-5pm. Saturday session on 25 October. An evening session will be held on Wednesday 13 October from 6-8pm.  
Additional dates may be added.
- > Durning Hall, Earlham Grove, E7.  
Monday to Friday, 9am-5pm.

Officers will be on hand to help you apply. To book a timeslot in advance or for more information call 020 8430 3598.

### Go it alone

.....  
Alternatively, if you're new to the world of volunteering, or would rather go to LOCOG direct, you can visit [www.london2012.com/volunteering](http://www.london2012.com/volunteering) to find out more and apply online. The application form takes about 30 minutes to complete, but you can save at any point in the process and return to it later.

The application deadline is 12midnight on Wednesday 27 October.



# Volunteer now for the 2012 Games

The biggest show on earth is coming to town and you can be right at the heart of it. When the international spotlight shines on our borough, volunteer to be a Games Maker and show the world how special Newham is.





# NEWHAM SERVICES FORUM

TO ADVERTISE IN THE NEWHAM SERVICES FORUM PLEASE CONTACT JULIE MADELL ON 07890 529 090



## Do you require tenants for your empty property? Do you have property ready to let out?

**Newham Council can find you tenants ready to move in.**

We will pay you a one off fee of up to £1,000\*.

A damage deposit bond will be issued – Newham Bond Scheme.

Property size	Non-refundable incentive payments paid to the landlord (properties in and outside of the borough)
1 bedroom	£1,000
2 bedrooms	£1,000
3/4/5 bedrooms	£500

- Market rents paid for properties (Local Housing Allowance rates).
- Landlord responsible for management of property and tenant.
- Landlord or agent to provide a 12 month assured shorthold tenancy agreement.
- Damage deposit bond certificate issued is equivalent to four weeks rent.

**For further details contact:**  
Initiatives Team, Housing Options Centre  
3 Prager Street, Plaistow E13 9HB  
Tel: 020 3373 8667 / 8367

\*One off fee is dependent on the number of bedrooms in the property.

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skillsLondon  
2010

**Bursting with careers  
From sport to transport**



**Are you 14 - 19 or a parent or carer?  
Visit the UK's biggest careers event  
7-9 October 2010, ExCeL London  
[skillslondon2010.co.uk](http://skillslondon2010.co.uk)**

Presented by



Media Partner



Supported by



**Be a fan and  
win prizes**



## Artiba! Community Weight Loss Challenge

*Are You Serious About Losing Weight?*  
**Join the 12 Week Challenge today!**

**BIGGEST LOSER WINS £300!**

2nd Prize: £200, 3rd Prize: £100

- Weekly Weigh & Measure
- Nutrition Education
- Weight Loss Coaching
- Support & Community
- Fun & Friendships
- Weekly Prizes & Rewards

**@7.30 pm, Wednesday Oct 20<sup>th</sup>, St Edmunds  
Church & Community Centre, 464 Katherine  
Road, Forest Gate E7 8BP**

**Only £39 for the full 12 weeks  
Limited Spaces – Call Now 07835 959 822**



Children's Story Centre  
**Discover**

**GREEN Drops and  
Moonsquirters**

The **UTTERLY** imaginative world of Lauren Child



Supported by  
ARTS COUNCIL  
ENGLAND

Manchester  
Art Gallery  
touring exhibition



**Sat 2 Oct 2010 - Apr 2011**

**020 8536 5555 [discover.org.uk](http://discover.org.uk)**

383-387 High Street, Stratford, London E15 4QZ Stratford

**thenewhammag**

To advertise here call Julie Madell  
on 07890 529 090 or email  
[julie.madell@newham.gov.uk](mailto:julie.madell@newham.gov.uk)

## Keeping safe in Newham

The Keep Safe scheme was officially launched recently and saw adults with learning disabilities working with our police Safer Neighbourhoods Teams to enhance their safety when out and about.

As part of the project, local shops and businesses are being asked if they're willing to display the Keep Safe stickers in their windows. These stickers indicate that the shop is willing to offer support to anyone with a learning disability who is feeling unsafe and needs to use their phone to make an emergency call to a parent or carer.

People with learning disabilities are encouraged to join the scheme and carry a Keep Safe card or key ring with them that will have any emergency contact details on it.

**If you know someone with a learning disability, or are a Newham shop or business that would like to join the scheme, email [Jacqui.Pringle@newham.gov.uk](mailto:Jacqui.Pringle@newham.gov.uk) or call 020 3373 1884.**



Pc Maggie D'Castro helps spread the Keep Safe message

## Green Gym open day

Newham Green Gym invites you to their free open day on Saturday 9 October at the East Ham Nature Reserve, Norman Road, off High Street South, E6.

From 11am-3pm, there's loads of different activities to try out, from trimming hedges to clearing ivy from trees and making 'dead hedge' fences.

There'll also be free guided walks around the nine-acre site and an opportunity to explore the old Norman Church, St. Mary Magdelene.

Light refreshments and all equipment will be provided though participants are encouraged to wear sturdy footwear and clothes they don't mind getting dirty. Young people aged under 16 need to be accompanied by an adult.

After the launch, the Green Gym will regularly be open every Wednesday and Saturday from 10am-1pm for people to drop in and keep fit and active by helping out at the site.

**For more information contact Mike at [mjw1@onetel.com](mailto:mjw1@onetel.com) or call Judi on 020 8470 7680.**







## Green Drops and Moonsquirters

Get on down to the Discover storytelling centre for the first exhibition to bring Lauren Child's ever so imaginative books to life.

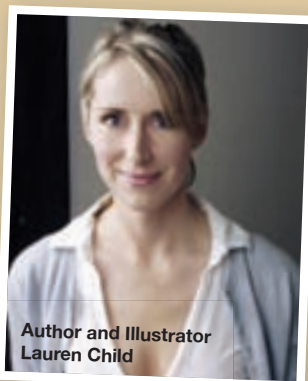
The creator of *Charlie and Lola* and *Clarice Bean* is having her work displayed including a selection of 3D sets and dolls' house furniture created for *The Princess and the Pea*.

From now until April 2011, you can take your little ones to sit at Charlie and Lola's kitchen table, dress up in their favourite outfits and perform puppet shows in a theatre created from a famous four-poster bed.

A family friendly programme of events and activities runs alongside the exhibition every weekend and everyday during the holidays at the Discover Storytelling Centre, 383-387 High Street, E15. Cost for Newham residents: £4, under twos, free.

And don't miss out on **Saturday 16 October** when Lauren will be at Discover from 11am-1pm to sign copies of her fabulous books.

**For more information visit [www.discover.org.uk](http://www.discover.org.uk) or call 020 8536 5563.**



Author and Illustrator  
Lauren Child

## Baby Talk

If you're pregnant, or are hoping to be soon, then the new Maternity Helpline service is the perfect way for you to look after the health of you and your growing bump.

The Helpline is open year-round from 10am-8pm. All calls are answered by trained midwives who are there to listen and give advice; from what to do before becoming pregnant, right through pregnancy and after your baby is born.

No question is too big or too small and the service is designed to give expectant mums all the help and support they need.

Women can also call the helpline to book an appointment at the Maternity Booking Centre when they first become pregnant. This will help mums-to-be gain access to the maternity service earlier and ensure that screening tests can be booked at the correct time, before three months into pregnancy.

This new service is delivered by Newham University Hospital NHS Trust and NHS Newham, and is open for all women and their families to access by telephone or email.

**To contact the Maternity Helpline call  
020 8090 9999 or email  
[newhammaternityhelpline@newhamhealth.nhs.uk](mailto:newhammaternityhelpline@newhamhealth.nhs.uk)  
between 10am  
and 8pm.**



Trained  
midwives  
ready to take  
calls from  
mums-to-be



## End of season sale

If you've missed your chance to get some top-quality plants at bargain prices grab your last opportunity at the East Ham Allotments Association's end of season sale.

The green-fingered gurus have been out and about at events throughout the summer, taking the growing out of growing your own with their range of produce. The association are shifting the last of their crop on Saturday 9 October at their headquarters beside the council depot at Folkestone Road, East Ham. All are welcome to come along between 10.30am and 4pm. On sale will be winter bedding plants, perennial flowers and a limited number of fruit and herb plants – gardening advice will be free!





# Kids' Corner



PLEASE SEND YOUR DRAWINGS,  
JOKES AND POEMS TO:  
**KIDS' CORNER, WEST WING**  
**4TH FLOOR, NEWHAM DOCKSIDE**  
**1000 DOCKSIDE ROAD, LONDON E16 2QU**

## GALLERY



*Habiba Ahter, 4*



*Adnan, 5*



*Amarah Memi, 10*



*Grace Okeke, 9*



## Win a fantastic prize

Get your pictures and poems in now for the chance of winning a trip to Stratford Circus or a Newham Bookshop voucher. The winner shown on this page has won £50 in Smyths vouchers to spend in store at Gallions Reach. Send your pictures, jokes and poems to Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU. **Don't forget to write your name, age, address and contact daytime telephone number on the back of your entry - good luck!**

Remember - unless you include your daytime phone number with your entry you won't be able to win the prize!



# Wordsearch



## Jokes

Q: How do magicians fart?  
A: POOF!

Q: What do you call a nut that comes out of an toilet?  
A: A peenut

Q: Why is the letter "V" like a monster?  
A: Because it comes after "U"

by Alisha Tariq, age 11

# WHAT'S ON?

**FIVE PAGES  
OF ACTIVITIES  
MOSTLY FREE,  
ALL FUN!**

To view hundreds of events, or to add your own,  
log on to [www.newham.gov.uk/whatson](http://www.newham.gov.uk/whatson)

**1 – 15 OCTOBER**

## TRY SOMETHING NEW... LOVE THE FILM? READ THE BOOK!

Come down to Stratford Library, 3 The Grove, E15 to see some great movies that have been adapted from best-selling books – all for free.

From intrigue and plotting in the time of King Henry VIII to events in post-apartheid South Africa during the 1995 Rugby World Cup, come see the silver screen version before experiencing the world of words that inspired them.

Upcoming films include:

*Thursday 14 October*

**Invictus** (Cert. 12A)

*Thursday 28 October*

**Let the Right One In** (Cert. 15)

*Thursday 11 November*

**Alice in Wonderland** (Cert. PG)

*Thursday 25 November*

**The Other Boleyn Girl** (Cert. 12A)

All films start promptly at 6pm. Bring your library card with you as they'll be lots of copies of the book available to borrow.

**For more information, contact Stratford Library on 020 3373 0826.**



## ALL LIBRARY LISTINGS

See Library Contacts for venue details.

### UNDER-5s GROUPS

All open to under-5s with their parents/carers.

#### Storytelling

##### Beckton Globe

Friday 10-11am

##### Canning Town

Monday 10.30-11.30am

##### Custom House

Tuesday 10.15-11.15am

##### East Ham

Wednesday 2-3pm

##### The Gate

Friday 11am-12noon

##### Green Street

Thursday 10.30-11.30am

##### Manor Park

Thursday 10.30-11.30am

##### North Woolwich

Thursday 2-3pm

##### Plaistow

Tuesday 11am-12noon

##### Stratford

Tuesday 11am-12noon and Friday 2-3pm

#### Crafts Club

##### Manor Park

Tuesday 10.30-11.30am

##### Toy Library

Monday 10am-12noon and

Thursday 1-3pm

##### East Ham

Tuesday 10am-12noon and Thursday

10am-12noon

#### Imaginative Play

##### East Ham

Friday 10.30-11.30am

#### Learning & Craft

##### Beckton Globe

Tuesdays during school term 1.30-2.30pm

### ADULT READING

#### Adult Reading Group

**The Gate** Tuesday 5 October

6.30-7.30pm

**Stratford** Monday 11 October

6.30-7.30pm

**Plaistow** Thursday 7 October

6.45-7.45pm

#### Women-Only Urdu Reading Group

**The Gate** Tuesday 12

October 5.30-7.30pm

#### Over 50s Reading Group

**Beckton Globe** Tuesday 5

October 9.45-11.45am

### OTHER GROUPS

#### Over 50s Club

##### Beckton Globe

Tuesday 9.45-11.45am

#### Click-On – computer

sessions for over 50s

##### East Ham

Friday

10am-12noon and 2-4pm

##### Plaistow

Friday 10am-12noon and 2-4pm

#### ICT Surgeries

**East Ham** Friday 4-5pm

##### The Gate

Thursday 10am-12noon

##### Manor Park

Thursday 2-4pm

#### Knit & Natter – craft group

for men and women of all

ages and abilities

##### Beckton Globe

Wednesday 10am-12noon

##### Canning Town

Friday 10am-12noon

#### Movie Night – free showing

of the film *Invictus* (Cert. 12A).

Directed by Clint Eastwood,

the film tells the inspiring true

story of how Nelson Mandela

joined forces with the captain

of South Africa's rugby team

to help unite their country.

**Stratford** Thursday 14

October 6-8pm (prompt start)



## YOUNG PEOPLE

**Homework Club** – All young people aged seven to 14 can get free study support at their local library on the days and times below. School term only.

### Beckton Globe

Tuesday 4-6pm

### Canning Town

Thursday 4-6pm

### Custom House

Thursday 4-6pm

### East Ham

Monday 4-6pm

### The Gate

Tuesday 4-6pm

### Green Street

Tuesday 4-6pm

### Manor Park

Thursday 4-6pm

### North Woolwich

Monday 3.30-5.30pm

### Plaistow

Thursday 4-6pm

### Stratford

**Games Clubs** – Sony PS3 or Xbox 360 and Nintendo Wii games, board games and many more free activities for eight to 13-year-olds.

### Canning Town

Monday 3.30-5.30pm

### Custom House

Tuesday 3.30 to 5.30pm

### East Ham

Tuesday 3.30-5.30pm

### Manor Park

Monday 3.30 to 5.30pm

**Stratford Playerz** – Free activities for 7 to 14-year-olds. Play PS3, Xbox 360 and Wii consoles.

### Stratford

Thursday 7

### Teenage Games Club

Xbox 360 and Wii games, music, board games and many more activities for ages 12-16.

### Beckton Globe

Wednesday

### Teen Xtra Evenings

Play PS3 and Wii consoles and many more free activities for ages 12-21.

### The Gate

Thursday 6-8pm

## LIBRARY CONTACTS

**Beckton Globe** 1 Kingsford Way, E6 5JQ. 020 3373 0853

**Canning Town** Barking Road, E16 4HQ. 020 3373 0854

**Custom House** Prince Regent Lane, E16 3JJ. 020 3373 0855

**East Ham** High Street South, E6 6EL. 020 3373 0827

**The Gate** 4-20 Woodgrange Road, Forest Gate, E7 0QH. 020 3373 0856

**Green Street** 337-341 Green Street, E13 9AR. 020 3373 0857

**Manor Park** Romford Road, E12 5JY. 020 3373 0858

**North Woolwich** 5 Pier Parade, E16 2LJ. 020 3373 0843

**Plaistow** North Street, E13 9HL. 020 3373 0859

**Stratford** 3 The Grove, E15 1EL. 020 3373 0826

**Archives and Local Studies** 020 3373 6881

### Community



Basketball

## Outreach Services

For more information call 020 3373 0813

## SPORTS PROGRAMME

### Basketball

#### Newham NSP (free)

- Basketball coaching, 8-19

Mon, 7.30-9pm

Little Ilford Youth Centre, E12

- Basketball Competition, 8-19

Tues, 6-7.30pm

Lister School (Sports Hall), E13

- 3 vs 3 league, 8-19

Thurs, 5-7pm

Forest Gate Youth Centre, E7

#### Youngbloods Basketball

- Under-12s, mixed

Saturdays, East Ham Leisure

Centre

1-3pm

- Under-13/14s, boys

Mondays, 6-8pm, St Angela's

School

Tuesdays, 5.30-7.30pm

Newham Leisure Centre

- Under-14s, girls

Mondays, 4.30-6pm, St

Angela's School

Tuesdays, 5.30-7.30pm,

Newham Leisure Centre

- Under-15/16, boys

Tuesdays, 6-8pm, East Ham

Leisure Centre

Fridays, 6-8pm, St Angela's

School

- Under-17/18 boys

Tuesdays, 8-9.45pm, East Ham

Leisure Centre

Thursdays, 7-9pm, St

Bonaventure's School

Fridays, 6-8pm, St Angela's

School

Each session costs £1. Contact Caroline on 07958 307 657 for more details.

### Football

#### Newham NSP (free)

Five-a-side

- U14 & U18

Mon, 6.30-8.30pm

Newham Leisure Centre, E13

- 11-18

Wed, 5-8pm

Priory Park MUGA, E6

- 8-19

Wed, 5-6.30pm

Keir Hardie Park, E16

- Five-a-side, 8-19

Fri, 6-7.30pm

Scud Park, Tant Avenue,

Canning Town, E16.

- Mayor's Football League, U14,

U18,

Thurs, 4-6pm

Memorial Park

- Coaching and competition,

8-19,

Sun, 1-2pm

Winsor Park, E6

- Monthly tournament

U12, U14, U18, 10am-1pm

First Sat of the month

Plasnet Park, E6

#### WHU Kickz (free)

##### Mon

- U14, 4-5.30pm

- 15+, 5.30-7pm

West Ham Community Astro

Turf (Beckton)

- 11-18, 5-8pm

Forest Gate Youth Centre, E7



Click-on



### **Tues**

- U14, 4-5.30pm  
- 15+, 5.30-7pm  
West Ham Community Astro  
Turf (Beckton)  
- 11-18, 6-9pm  
Priory Park MUGA, E6

### **Wed**

- 11-18, 5-8pm  
Priory Park MUGA, E6

### **Thurs**

- 11-18, 4-7pm  
Priory Park MUGA, E6

### **Fri**

- U14, 4-5.30pm  
- Girls 11+, 5.30-7pm  
West Ham Community Astro  
Turf (Beckton)  
- 11-18, 5-8pm  
Forest Gate Youth Centre, E7

### **Air Football 16+**

#### **Tues**

1-3pm, Stratford Park, E15

#### **Fri**

3-5pm, Beckton Powerleague  
For more info visit  
[www.airfootball.co.uk](http://www.airfootball.co.uk)

### **Women United Football Club**

**6-7.15pm every Monday  
during term time**

Kingsford School, Kingsford  
Way (enter from Beckton  
Tunnel)  
Ages 16+  
Call Shona on 07968 665849  
for info

### **Ascension Football Academy**

For info call Louise on  
07841 749 292.  
School years R-3:

9.30-10.30am  
School years 4-7:  
10.45-11.45am  
School years 8-11:  
12noon-1.30pm  
All sessions £2.50  
King George V Park, E16

### **Football and basketball Newham All Star Sports Academy (NASSA)**

- 12-16 mixed, Mon  
6-7.30pm,  
- 18+, 7.30-9pm, Newham  
Leisure Centre, E13  
- 11-16 girls, Tues,  
4.30-6pm, Sarah Bonnell  
School, E15  
- Fri, 4.15-5.30pm 8-11 mixed  
3.30-7.30pm, 12-16 mixed  
Cumberland School, E13  
For more information about  
Newham All Star Sports  
Academy (NASSA)  
call Chris on 07932756197  
or Natasha on 07985281581  
or visit [www.nassa2012.org.uk](http://www.nassa2012.org.uk)

### **Handball (free)**

- Newham Flames, Tues  
U15, 3.30-5pm  
U18, 5.30-6.30pm  
Newham Leisure Centre, E13  
(Multi-Sports Hub)  
Call Ari Bekker on  
020 8430 2484

### **Multi sports (free)**

Newham NSP  
- Handball, football,  
competition  
5-7pm, 8-19  
Wed, Stratford Park, E12  
- Coaching and competition  
4-5.30pm, 8-19

Fri, St John's Community  
Centre, Albert Rd, E16

### **Athletics at Newham Leisure Centre**

- Get Set Go Group, 11-16  
Mon, 4-5.30pm, £1  
- Met Track 10-17  
Fri, 4.30-6pm  
- Newham and Essex Beagles  
Athletics Club, 10+  
Mon and Wed, 6.30-9pm;  
Sun, 10am-1pm  
Email [jacqueline.ramsden1@btinternet.com](mailto:jacqueline.ramsden1@btinternet.com)

### **Cricket**

- Tapeball cricket league (free)  
11-15, 16+, 6-9pm  
Kingsford Astro Turf  
- Rokeby community cricket  
(free)  
Wednesday 4-5pm  
8-16  
Rokeby School sports hall,  
Pitchford Street, E15  
Call Ben for info:  
07971 286 254 or  
email [chambersharry@hotmail.com](mailto:chambersharry@hotmail.com)  
- Newham Cricket Club  
Monday 5-7pm  
8-16, £2 per session  
Flanders field,  
Napier Road, E6  
Visit [www.newham.gov.uk](http://www.newham.gov.uk)  
for information.

### **Boxing**

East Ham Boleyn ABC  
10- years +; boys only  
- Mon, Tues, Wed, 5-6pm  
East Ham WMC, 2 Boleyn  
Road, E6

Call Daniel Penny on  
07958 124 144

- West Ham Boys ABC  
9-years +; boys and girls  
Mon, Wed, Fri, 5-6pm  
The Black Lion, 59-61 High  
Street, E13

Call Lianne Jameson on  
020 8472 3614

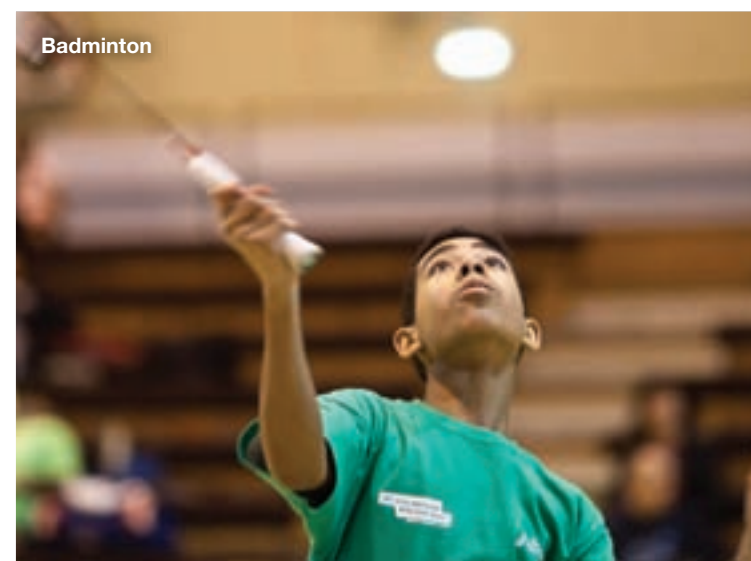
- Peacock ABC 8-years +  
Mon, Wed, 6-8pm  
boys and girls  
Caxton Street North, E16  
Call Martin Bowers on 020  
7511 3799

- Newham Boys ABC  
6-years +; boys only  
Mon, Wed, Fri, 6-7.45pm  
Old Bath House  
141 Church Street, E15  
Call Ravinder Atwal/Joe  
Chapman 020 8519 5983  
- Fight For Peace 11 years  
+; boys and girls  
(Phone for session details)  
Woodman Street,  
North Woolwich, E16  
Call Marigold Ride  
on 020 7474 0054

**Contact clubs before  
visiting**

### **Free non-contact boxing**

Non-contact boxing is the  
perfect way to increase your  
fitness, lose weight, build  
strength and learn to defend  
yourself.  
Osmani Boxing Club is open  
to males aged eight to 25  
Fridays, 4-6pm  
Froud Centre, 1 Toronto  
Avenue, E12  
For more information call





020 7247 8080 or email  
healthyfutures  
@osmanitrust.org

### **Free sports@Ascot Hall**

Football, girls and boys, eight-15yrs, Sat, 10am-12pm  
Street dance for girls, all ages, Sat, 12-1pm  
Non-contact boxing, eight-12yrs, Sat, 2-3pm  
All sessions are free, for info call 020 8430 4775  
Ascot Hall, Hermit Road, E16

### **Newham Swords**

Learn to fence with Olympic champions; from ages four to adult. The Hub in the grounds of Newham Leisure Centre, Prince Regent Lane, E13.  
Tuesday 6.30-9pm  
Thursday 6.30-9pm  
Friday 7.30-10pm  
Call Linda on 07956 618 898 or visit [www.newhamswords.co.uk](http://www.newhamswords.co.uk)

### **Newham Striders**

Free, sociable walking group that go striding in the local area seven days a week. Visit [www.newham.gov.uk](http://www.newham.gov.uk), email [paula.peatty@newham.gov.uk](mailto:paula.peatty@newham.gov.uk) or call 020 8430 2000 for more information.

### **Heart Support Group Annual Walk**

**Monday 6 September, 1.30pm**

Central Park, High Street South, E6, meet at the War Memorial. Join the Newham Striders and the Heart Support Group on their annual walk to raise awareness and money to help beat heart disease. The walk is suitable for all abilities and takes place in the park.

For a sponsorship form and to book your place contact Sheila Williams on 020 7363 9317 or email [sheila.williams@newhamhealth.nhs.uk](mailto:sheila.williams@newhamhealth.nhs.uk)

### **Shoujin karate club Friday session**

- Ages 4-6, 6-6.45 pm  
- Ages 6-16, 6-7 pm  
- All adults, 7pm onwards

### **Sunday Session**

Ages 4-6, 10-10.45 am  
- Ages 6-16 beginners, 10-11 am  
- Adult and Junior, 10-11.30 am  
Sessions are priced from £3.50 and take place at Newham Leisure Centre, Prince Regent Lane, E13.  
For more information contact 07508 070 638.

### **Ramgarhia Badminton Club Adults (Advanced)**

Tuesdays, 7-9.30pm  
Little Ilford School Church Road Manor Park

### **Juniors**

Fridays, 6-7.30pm  
Adults (Beginners/Intermediate)  
Fridays 7.30-9.30pm  
Langdon School

Sussex Road East Ham  
For more information and prices contact Kilvir Bahra on 07803 834 037 or email [ramgarhia.bc@gmail.com](mailto:ramgarhia.bc@gmail.com)

### **OPA Netball Club**

#### **Tuesdays**

Under 16s: 6-7pm and over 16s 8-9pm  
Matches in Essex Met League/Three Swords League on Saturdays  
Lister Community School, St Mary's Road, Plaistow  
All levels welcome, for more information and prices call Lesley Jones on 07717 281 529 or email [opa\\_netball\\_club@hotmail.com](mailto:opa_netball_club@hotmail.com)

### **SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE**

### **Multi-Sports**

New free Flying Wheels club for young wheelchair users aged 6-22. With an emphasis on

wheelchair rugby and training from professional players, come experience different sports activities and health and fitness. Wednesday evenings, 7-9pm  
The Hartley Centre, 267 Barking Road, East Ham, E6  
Call Eda on 020 8472 0058 for more information.  
Mon, Eastlea multi-sports club for SEN & disabled young people, Eastlea Community School, E16, 4-5.30pm

### **Multi-Activities**

People with Disabilities Club, Tues, Newham Leisure Centre, E13, 10.30am-12.30pm

### **Swimming for children with special needs**

Tues, Newham Leisure Centre, E13, from 2.30-4pm  
Call NLC on 020 7511 4477  
Newham Otters Swimming Club, Sat, Newham Leisure Centre E13, 4.45-5.45pm  
For more information call 020 8552 3195  
The 3 Hs, Sun, Balaam Leisure Centre, E13, 12.30-2pm  
For details call Zeenat 07528 562 902

### **Get fit for free**

Free use of the gym for one year for people with learning disabilities at Newham Leisure Centre on Tuesdays from 1.30-3.30pm. To book an induction you must contact Zahra Mirza on 020 7511 4477

### **Goalball**

First Thursday of the month at Newham Club, Brampton Manor School from 5-7pm

### **B1 Football Club**

Third Sunday of every month at East Ham Leisure Centre from 10am-12noon

### **ARTS LISTINGS**

### **Stratford Picturehouse The First movie**

Tuesday 12 October, 8.30pm  
Screening of The First Movie including Q&A session with director Mark Cousins.

Acclaimed new documentary about children making films in Iraq.

Box office 0871 902 5740, website [www.picturehouses.co.uk](http://www.picturehouses.co.uk)

### **Theatre Royal Stratford East**

#### **Five Guys Named Moe**

3 September – 9 October

Cost: £8-£27

A brand new production of the smash hit West End and Broadway musical. Sizzling with dance, comedy and the irresistible music of jazz legend Louis Jordan, the score of this award-winning show includes Early In The Morning, Choo, Choo, Ch'Boogie, and features dazzling choreography and unforgettable comic performances. Call 020 8534 0310 or visit [www.stratfordeast.com](http://www.stratfordeast.com)

### **Stratford Circus**

#### **Spoken Word with**

#### **Tessa McWatt**

Friday 8 October, 7pm £9/ £6

#### **Taos (Foyer Music)**

Friday 8 October, 8pm Free

#### **Denyse Anyogu and band followed by post-show party with DJ Eddie Nestor**

Friday 8 October, 9pm  
£14/ £10

#### **African Musical Storytelling**

Saturday 9 October, 10.30am  
£1.50 Under 5 yrs

#### **African Musical Storytelling**

Saturday 9 October, 11am  
£1.50 5 to 8-year-olds

#### **African Dancing**

Saturday 9 October, 11am  
£3 8 to 12-year-olds

#### **Caribbean Food Workshop**

Saturday 9 October, 11am  
Free

#### **African Musical Storytelling**

Saturday 9 October, 11.30am  
£1.50, 5 to 8-year-olds

### **Performance Poetry**

#### **Masterclass**

Saturday 9 October, 1pm  
Free

### **Stand Up Comedy**

#### **Masterclass**

Saturday 9 October, 2pm  
Free

### **Foyer Music**

Saturday 9 October, 5pm  
Free

### **Malachi - staged reading**

Saturday 9 October, 6pm  
Free

### **Foyer Music**

Saturday 9 October, 7.30pm  
Free

### **Poetry & Comedy Slam**

Saturday 9 October, 8pm  
Free

### **Volume: Life in Poetry**

Sunday 10 October, 8pm  
£9/£6

### **Twinkle Twinkle**

Saturday 9 October, 3pm  
£6 / £5

### **Rotozaza - Etiquette**

Friday 15 & Saturday 16  
October, various times  
£5 per two-person booking

### **Frank Wurzinger - The Confetti Maker**

Friday 15 October, 8pm  
£9 / £6

### **Inspector Sands - If That's All There Is**

Saturday 16 October, 8pm  
£9 / £6

### **SClowns - The Spaghetti Horse**

Sunday 17 October, 6pm  
£9 / £6

## COMMITTEE MEETINGS

The following meetings all  
take place at the Newham  
Town Hall unless specified.

### **Standards Committee**

Monday 4 October, 6.30 pm

### **Regeneration and Employment Scrutiny Commission**

Tuesday 5 October, 7pm

### **Health and Social Care Scrutiny Commission**

Tuesday 5 October, 7pm

### **Mayoral Proceedings**

Thursday 7 October, 10am

### **Admissions Forum**

Tuesday 12 October, 6.30pm

### **Children and Young People Scrutiny Commission**

Tuesday 12 October, 7pm

### **Public Transport Liaison Group**

Wednesday 13 October, 6pm

Meetings are subject to  
cancellation. Details of  
meetings, agendas and  
minutes are available on the  
Newham website – [www.newham.gov.uk](http://www.newham.gov.uk)

The Forward Plan, also  
available on the Newham  
website, sets out all Key  
Decisions to be taken over  
the next four month period.  
The September Edition of the  
Forward Plan was published  
on 17 August.

## MEET THE MAYOR

### **Mayor's Surgery**

Cllr Richard Crawford will be  
representing Sir Robin Wales  
at the following surgeries:

**Thursday 7 October**  
12noon-1pm

The Hopkins Room, Stratford  
Library, 3 The Grove, E15

**Monday 11 October**  
9.30-10.30am

## USEFUL NUMBERS

### **020 8430 2000**

Hundreds of services,  
just one number – for all  
council enquiries

For questions about  
councillor surgeries or to  
find out which ward you live  
in, call 020 8430 2000 or  
visit [www.newham.gov.uk/yourcouncillor](http://www.newham.gov.uk/yourcouncillor)

Write to the Mayor at  
Newham Town Hall,  
Barking Road, London,  
E6 2RP or email  
[mayor@newham.gov.uk](mailto:mayor@newham.gov.uk)

For information about  
Community Forums  
freephone 0800 519 4015 or  
email [community.forums@newham.gov.uk](mailto:community.forums@newham.gov.uk)

For information about the  
2012 Games and how it will  
affect Newham, visit [www.newham.gov.uk/2012Games](http://www.newham.gov.uk/2012Games)

To report anti-social  
behaviour call Newham's  
24-hour hotline on  
0800 731 3300

To speak to the Newham  
Mag team, call 020 8430  
2000 or email [newham.mag@newham.gov.uk](mailto:newham.mag@newham.gov.uk)

Community Links, 105  
Barking Road, E16

### **Telephone surgery**

**Wednesday 13 October**  
9.30-10.30am.

Mayor's telephone surgery will  
be covered by Cllr Richard  
Crawford. Call 020 3373 8444  
to speak to Cllr Crawford.

## CAREERS ADVICE WITH A DIFFERENCE

The UK's biggest careers event is coming to ExCeL in  
Custom House. Aimed at young people, Skills London  
2010 gives visitors a hands-on opportunity to learn new  
skills and find out about genuine jobs and careers.

With more than 100 exhibitors, this free event is split  
into different zones to make it easier for visitors to navigate  
their way around. These include:

- > business, enterprise,  
advice and guidance
- > campus
- > creative, hospitality,  
retail and leisure
- > design, construction,  
engineering,
- manufacturing,  
aerospace and transport
- > maritime, green and  
environmental
- > public sector, charities,  
health and care.

Skills London 2010 is taking place on Saturday 9 October,  
10am-4pm, and individual visitors are also welcome to  
attend on Thursday 7 or Friday 8 October when school  
and college groups are booked to come along. There are  
still some slots available for groups to attend.

For more information visit  
[www.skillslondon2010.co.uk](http://www.skillslondon2010.co.uk) or  
call 01823 362 800.





# REASONS <sup>TO BE</sup> CHEERFUL

SCRIPT BY **PAUL SIRETT** MUSIC BY **IAN DURY**



**THEATRE ROYAL**  
— STRATFORD EAST —

**020 8534 0310**

**www.stratfordeast.com**

**22 OCT — 13 NOV 2010**  
**22, 23 & 26 October all tickets £10**

**A New hit me slowly, hit me quick musical featuring  
Sex Drugs and Rock and Roll, Sweet Gene Vincent,  
Spasticus Autisticus and Hit Me With Your Rhythm Stick**

**www.reasonstobecheerfulthemusical.co.uk**



**All performances include: Captioned Dialogue; BSL Interpreted songs; Audio description**





# Starting school in Newham

## Reception class places for September 2011

If your child will have their 5th birthday between 1 September 2011 and 31 August 2012 you need to apply for a reception class place now.

The deadline for a reception class place for September 2011 is **15 January 2011**. If you miss this date you will have less chance of getting the school that you prefer.

From **13 September 2010** you can pick up a copy of the autumn 2010 edition of the Starting School guide from any London Borough of Newham operated nursery, infant or primary school. The guide includes a copy of the application form.

To make sure you apply on time, **apply online.**  
**[www.eadmissions.org.uk](http://www.eadmissions.org.uk)**

